	LABORATORY QUALITY MANAGEMENT SYSTEM				
	HAND SWABS SAMPLING (CLIENT)				
	DOC: SOP-HSAMP-01	AUTHOR: QA MANAGER	APPROVED: LAB LEAD	EFF. DATE: 27 JAN 2020	REV: 1

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1. Pre-dip the sterile cotton swabs in the fresh sterile peptone water/ sterile deionized water before use.
2. At the site of sampling, take a pre-dipped sterile cotton swab and swab **both the individual's hands** with the same swab, following the same pattern as seen in Figure 1 below.

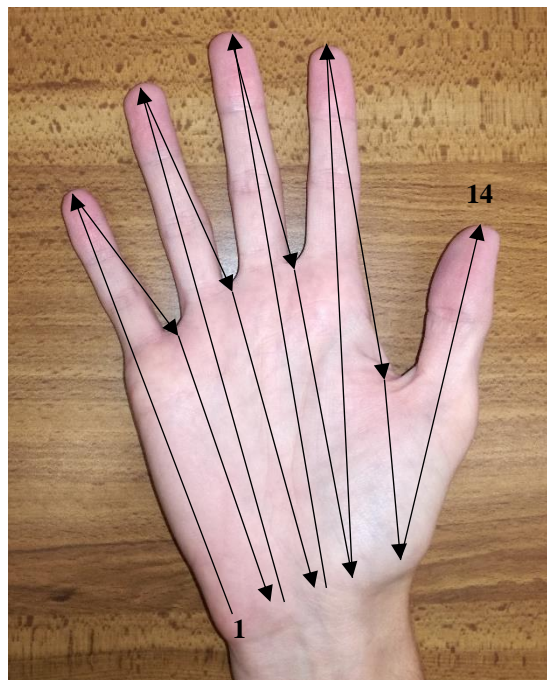


Figure 1: Hand Swabbing pattern (14 motions).

3. Then re-insert the swabs into their separate sterile holders and label accordingly: name of individual whose hands were sampled, company name and date of sampling using a permanent marker.
4. Send swab(s) back to laboratory as soon as possible, within the same day of sampling.